



1. Depart Doubletree Downtown Hotel and Turn **RIGHT** onto **Chestnut Street**. Walk south toward **Dundas Street West**.



2. Cross **Dundas Street** at the traffic lights. Continue south along **University Avenue**. Note: There is a Tim Hortons on the way for a breakfast stop.



3. Pass **Osgoode Hall** and continue south toward **Front Street**. Continue walking south through Toronto's downtown core. Approximately 10 mins.



4. Cross **Front Street** and arrive at **Union Station's** main entrance.



5. Enter **Union Station** and follow the signs for **GO Transit trains**. The information booth can be a helpful resource if you need direction.



6. Walk toward the GO Train concourse area. The signs in the archway will say: **York Concourse Hall**.



7. Head towards the train platform boarding area.



8. Check the departure boards for trains stopping at **Exhibition Station**.



9. Scan your **Presto card** for entry to the platform.



10. Proceed up the stairs to the correct platform when your track number is announced.



11. You're looking for the **Lakeshore West line**. Board the GO Train heading westbound toward **Exhibition Station**.



12. Ride the train for **one stop**, then exit the train at **Exhibition Station**.



13. Follow the pedestrian path and signs toward Exhibition Place and the **Energare Centre**.



14. Walk a few minutes to the main entrance of **Energare Centre**. You have arrived at your destination.





TEAM NOVA SCOTIA

RECOMMENDED TRANSIT SCHEDULES

***For safety let your Skills liaison, chaperone or coach know where you are going when you leave the hotel, etc.*
Outside of these times and locations use <https://www.ttc.ca/trip-planner> to help find your way.

WEDNESDAY, MAY 27 - ORIENTATION & OPENING CEREMONY

TO THE VENUE

SCHEDULED TIME	ROUTE
Noon	Walk to Union GO Station (approximately 1.3km)
12:47 PM	LW - Lakeshore West GO towards LW - Aldershot GO
1:00 PM	Arrive at Exhibition GO
1:10 PM	Arrive at Enercare Centre

TO THE HOTEL

SCHEDULED TIME	ROUTE
7:25 PM	Walk to Exhibition GO Station (Manitoba Drive)
7:36 PM	LW - Lakeshore West GO towards LW - Union Station GO
7:45 PM	Arrive at Union GO Station
8:05 PM	Arrive at Hotel

THURSDAY, MAY 28 & FRIDAY, MAY 29 - COMPETITION DAYS

TO THE VENUE

SCHEDULED TIME	ROUTE
7:25AM - 7:55AM - 8:25AM - 8:55AM	Walk to Union GO Station (approximately 1.3km)
7:45AM - 8:15AM - 8:45AM - 9:15AM	LW - Lakeshore West GO towards LW - Aldershot GO
7:55AM - 8:25AM - 8:55AM - 9:25AM	Arrive at Exhibition GO
8:00AM - 8:30AM - 9:00AM - 9:30AM	Arrive at Enercare Centre

TO THE HOTEL

SCHEDULED TIME	ROUTE
3:30PM - 4:00PM - 4:30PM - 5:00PM - 5:30PM 6:00PM - 6:30PM - 7:00PM - 7:30PM	Walk to Exhibition GO Station (Manitoba Drive)
3:35PM - 4:05PM - 4:35PM - 5:05PM - 5:35PM 6:05PM - 6:35PM - 7:05PM - 7:35PM	LW - Lakeshore West GO towards LW - Union Station GO
3:50PM - 4:15PM - 4:50PM - 5:15PM - 5:45PM 6:15PM - 6:45PM - 7:15PM - 7:45PM	Arrive at Union GO Station
4:05PM - 4:35PM - 5:10PM - 5:35PM - 6:05PM 6:35PM - 7:05PM - 7:35PM - 8:05PM	Arrive at Hotel