



ABILYMPICS 2026

Contest Description

1. Contest Area: Job Search

Post-Secondary or Secondary: Post-Secondary

DATE: March 27, 2025		LOCATION – NSCC Akerley Campus	
Time Slot		TASK	
10:00 AM – 10:20 AM		Interview 1	
10:25 AM – 10:45 AM		Interview 2	
10:50 AM – 11:10 AM		Interview 3	
11:15 AM – 11:35 AM		Interview 4	
11:40 AM – 12:00 PM		Interview 5	
12:00 PM – 1:00 PM		Lunch Break	
1:00 PM – 1:20 PM		Interview 6	
1:25 PM – 1:45 PM		Interview 7	
1:50 PM – 2:10 PM		Interview 8	
2:15 PM – 2:35 PM		Interview 9	
2:40 PM – 3:00 PM		Interview 10	
3:00 PM – 4:30 PM		Break/ *Tentative Activity (Judging)	
4:30 pm -5:30 pm		Pizza Party and Medal Ceremony	

2. Purpose of the Contest

The Abilympics Job Search contest provides an opportunity for participants to practice their future performance in job interviews and similar speaking situations. To help participants prepare, PTC Members will offer training sessions in advance to share tips and tricks for success.

With ten slots available, participating organizations will send participants to NSCC Akerley Campus on March 27th, where they will interview for a mock job opportunity, with a group of three judges scoring their performance.

3. Criteria

Interviewing in an in-person environment. Candidates must demonstrate professionalism, communication skills, and critical thinking while responding to questions related to a given job description. Evaluation will consider clarity of expression, confidence, problem-solving ability, and overall presentation throughout the interview process.



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4. Number of Stations / Allocations

Ten, 20-minute interview time slots

5. Skills & Knowledge to be Tested

Participants will be tested on their ability to articulate personal strengths, experiences, and career goals effectively. Communication skills, including clarity, tone, and confidence during responses. Professionalism in behavior, appearance, and interaction with interviewers

They will be required to answer 5 standard interview questions:

1. Tell us about yourself
2. Tell us about a time you had to work as part of a team, how did you work with others?
3. Can you describe a time when you faced a challenge at work and how you overcame it?
4. Tell us about one of your strengths and one of your weaknesses
5. Why are you the right person for this job?

6. Prerequisites

Be a member of one of the six participating partnering programs: NSCC Achieve IT , NSCC Achieve Akerley , Achieve Truro, The Prescott Group, Building Futures and Steps on Arthur.

7. Equipment & Clothing

Competitors are asked to bring a copy of their resume to the interview.

For clothing, competitors should dress in “business casual”, clean attire.

8. Evaluation & Judging Criteria

POINT BREAKDOWN	/ 100
Introduction, greetings	/10
Overall professionalism, (language, professional/clean clothing, body language, etc.)	/20
Interview question answers (10 points per question)	/50
Relates answers back to previous work/lived experiences	/20
TOTAL	/ 100

No ties are permitted.

9. Additional Information

10. PTC Contact Information

Name	Employer	Email
Jason Turner	Saint Mary's University	Jason.turner@smu.ca
Molly Morgan	Saint Mary's University	Molly.morgan@smu.ca

