

DATE MARCH 20, 2025	LOCATION BUILDING TRADES ADVANCEMENT COLLEGE
TIME	TASK
8:30 am – 9:00 am	Orientation
9:00 am – 9:45 am	Slot #1
9:45 am – 10:30 am	Slot #2
10:30 am – 11:15 am	Slot #3
11:15 am – 12:00 pm	Slot #4
12:00 pm – 12:30 pm	Lunch (provided)
12:30 pm – 1:15 pm	Slot #5
1:15 pm – 2:00 pm	Slot #6
2:00 pm – 2:45 pm	Slot #7
2:45 pm – 3:30 pm	Slot #8
3:30 pm - 4:30 pm	Judging / Debriefing

There are a maximum of eight (8) competitor spaces available.

## 1. CONTEST INTRODUCTION

### 1.1 Purpose of the contest

The purpose of the contest is to evaluate each competitor's ability to demonstrate and fully communicate the process of a job skill. The skill demonstrated must reflect a skill area that is a component of the National Skills Competition. Refer to [Skills Canada - promoting careers in skilled trades and technology \(skillscompetencescanada.com\)](https://www.skillscompetencescanada.com) for the list of competitions and skill areas.

Additional details about preparing for Job Skill Demonstration can be found here: [https://www.skillscompetencescanada.com/en/skill\\_area/job-skill-demonstration/](https://www.skillscompetencescanada.com/en/skill_area/job-skill-demonstration/)

### 1.2 Skills and knowledge to be tested

- Each competitor must prepare for the Job Skill Demonstration by:
  - providing a detailed *Health and Safety Plan* with a step-by-step description of the demonstration, along with a Safety Data Sheet/s (SDS) if applicable. (see section 5.3).
  - preparing a 20 to 25-minute demonstration of a skill.
  - following the evaluation and judging criteria provided in section 6.
  - Identifying the Skills for Success used in your demonstration and presentation and elaborating on how the skills are used throughout the demonstration and presentation. (see section 2)

# CONTEST DESCRIPT

## JOB SKILL DEMONSTRATION

### SECONDARY

- Specific information
  - Competitors must prepare their own digital and non-digital visual aids (signs, charts, slides, and diagrams).
  - This contest is an individual demonstration; however,
    - One (1) assistant may be used to set-up and take-down, or to be a model during the demonstration.
    - The model and assistant may be different individuals, but only one may be in the demonstration area at any given time.
  - The entire presentation and demonstration must be a minimum of 20 minutes and a maximum of 25 minutes in length. At the 30-minute mark, PTC will intervene and stop the presentation to ensure the schedule remains on track and respects the time of other competitors.
  - Competitors must present/demonstrate without reading from a script.
  - Demonstration should be designed with sustainability in mind (5 R's – Reduce, Reuse, Recycle, Regenerate, and Reformat).
  - Competitors must follow the current [Nova Scotia occupational health and safety standards](#) relating to the demonstration.
  - Demonstrations that represent imminent danger may result in intervention by a Provincial Technical Committee (PTC) member or disqualification.
  - There must be no coaching/assisting from teachers, instructors, mentors, assistants, models, or audience members once the demonstration has begun. Any interference or assistance may result in disqualification of the competitor. Any attempt by a fellow competitor to distract or disrupt a presentation may result in disqualification of the disrupting competitor.
  - Competitors should assume that their demonstrations will be viewed by the public, or other competitors, and may be photographed or videotaped. Competitors should be aware of and prepared for distractions in and around the skill area.
- Contest specific rules
  - Use of Timer: Competitors will NOT be permitted the use of mobile devices during their demonstration (ex. cell phones, smart watches, etc.). Competitors should provide their own dedicated timer if they wish. The timer must not have alarm features enabled.
  - Refer to the competition rules of the Skills Canada – Nova Scotia Competition [Nova Scotia Skills Competition – Skills Canada Nova Scotia \(skillsns.ca\)](#).

## 2. SKILLS FOR SUCCESS

Skills for Success are the skills needed to participate and thrive in work, education, and life. They are skills that are foundational for building other skills and knowledge. The following skills have been identified and validated as key skills for success in the workplace:

Skills for Success - 1 Numeracy, 2 Communication, 3 Collaboration, 4 Adaptability, 5 Reading, 6 Writing, 7 Problem Solving, 8 Creativity and Innovation, 9 Digital

More information about Skills for Success can be found here:

<https://www.skillscompetencescanada.com/en/program/skills-for-success/>

## 3. CONTEST DETAILS

### 3.1 Competitor’s tasks

- The Health and Safety Plan must be submitted prior to the competition (see section 5)
- All competitors must be present for the orientation, technology, and equipment check scheduled on the day of the competition. Time slots will be assigned at this time.
- Each competitor has a maximum of 5 minutes for demonstration set-up, 20 minutes, not more than 25 minutes to perform the demonstration, plus a separate Question and Answer session, followed by a 5-minute takedown.
- The entire presentation and demonstration cannot be less than 20 minutes and must not exceed 25 minutes.
  - Points will be deducted for being under or over the required time.
  - Judges will ask questions following the demonstration.
  - Time used during questioning will not count as demonstration time.

### 3.2 Duration and timing of contest

Task	Time
Set-up	Up to five (5) minutes
Demonstration	At least 20 minutes, not more than 25 minutes
Questions	Will have no bearing on the demonstration time
Take Down	Up to five (5) minutes

### 3.3 Tasks that may be performed during the contest

Some examples of job skills that may be demonstrated include but are not limited to the following:

- Installing/repairing dry wall
- Hairstyling
- Installing a lock set on a door
- Servicing small engines
- Makeup application
- Installing a light and switch
- Soldering copper tubing
- Creating a visual element for a video production
- Baking / Cooking
- Constructing a webpage
- Constructing a brick wall

## 4. EQUIPMENT, MATERIAL, AND CLOTHING

### 4.1 Equipment and material provided by Skills Canada - NS

- A space appropriate for conducting a demonstration
- One 110 volt (15 amp) electrical outlet
- One power bar
- Two tables, approximately 0.75 m by 1.5 m by approximately 40 mm thick
- Large waste container for clean up
- A broom and dustpan
- Projection screen (9 x 12)
- Projector
- Laptop or Computer

### 4.2 What competitors must supply

- All other equipment and materials, including timer and remote must be provided by the competitor.
- Competitors are recommended to bring a USB drive with a copy of their presentation.
- Competitors must wear clothing that is safe and suitable for the skill they are demonstrating and MUST wear proper Personal Protective Equipment (PPE).
- Competitors must supply PPE to the audience / judges, if required (ex: safety glasses).

## 5. HEALTH and SAFETY

### 5.1 Safety workshop

- During orientation, competitors will participate in a Health and Safety workshop, and will be expected to work and maintain a safe working area during the competition.

#### 5.2 Personal protective equipment

- PPE must be worn by all parties involved during the set-up, job skill demonstration, and take-down if necessary. Some examples of this are: the use of safety glasses, gloves, appropriate clothing and head coverings, antistatic wrist bands and steel toed boots. Please provide PPE for judges if necessary.
- Competitors and models who do not have the required PPE will not be permitted to participate in this competition.
- Competitors will be expected to work and maintain a safe working area during the competition and must abide by NS Regulations during the demonstration. Demonstrations that represent imminent danger may result in intervention by a Provincial Technical Committee (PTC) member or disqualification. For more information, refer to [NS Regulations and Related Materials](#) and the [NS Occupational Health and Safety Act](#).

#### 5.3 Health and Safety Plan

A Health and Safety Plan including a detailed and step by step description of the demonstration and the skill area, along with a Safety Data Sheet(s) if applicable, must be submitted **by 5pm on March 6<sup>th</sup>, 2025**, via the **Google Form** <https://forms.gle/hqN8WpRdt73P4qoc9>.

When identifying the hazards please use this [CCOHS site](#) to ensure you are using proper terminology. For information on Safety Data Sheets, please refer to [http://www.ccohs.ca/oshanswers/chemicals/whmis\\_ghs/sds.html](http://www.ccohs.ca/oshanswers/chemicals/whmis_ghs/sds.html).

**Competitors will not be permitted to compete unless they have submitted this Health and Safety Plan prior to the competition. Failure to submit these documents prior to the day of the competition will result in the disqualification of the competitor.**

## 6. EVALUATION & JUDGING

### 6.1 Point breakdown

TASKS	SCORE
<b>Health and Safety Plan</b>	<b>/2</b>
<ul style="list-style-type: none"> <li>• Health and Safety Plan is submitted on time and completed with thoroughness and detail</li> </ul>	
<b>Opening</b>	<b>/10</b>
<ul style="list-style-type: none"> <li>• Job skill to be demonstrated is identified</li> <li>• Corresponding competition area is identified, and the connection is discussed</li> <li>• Outlines and explains the process to be followed in the demonstration</li> </ul>	

<ul style="list-style-type: none"> <li>Identifies and explains more than one of the Skills for Success to be used in the demonstration</li> </ul>	
<b>Demonstration and Explanation</b>	<b>/41</b>
<ul style="list-style-type: none"> <li>Demonstration is within the 20–25-minute time limit</li> <li>Setup and take down is within the required time limit</li> <li>Only one assistant/model is in the skill area at one time</li> <li>Each step is thorough and detailed and shows a logical progression</li> <li>Each step is easy to follow and understand and makes the process clear</li> <li>Final steps lead to a logical conclusion</li> <li>Demonstration incorporates a variety of mediums to support comprehension</li> <li>Demonstration of specialized knowledge and expertise as related to the job skill</li> <li>Demonstration space is organized and effectively used</li> <li>Materials and resources are used appropriately with respect to the job skill demonstrated</li> <li>Materials and resources are used sustainably</li> <li>Competitor refers to sustainability practices throughout the demonstration</li> <li>Skills for Success are identified and elaborated on throughout the job skill demonstration</li> <li>Competitor refers to sustainability practices throughout the demonstration</li> <li>Skills for Success are identified and elaborated on throughout the job skill demonstration</li> <li>Competitor makes mention of safety standards throughout the demonstration in accordance with the submitted, approved Health and Safety Plan</li> <li>Competitor adheres to current occupational health and safety standards of Nova Scotia</li> </ul>	
<b>Presentation</b>	<b>/35</b>
<ul style="list-style-type: none"> <li>The competitor uses and explains trade appropriate, professional language in the demonstration</li> <li>The explanation of trade appropriate language throughout the demonstration assists with viewer comprehension</li> <li>The competitor uses voice appropriately: tempo, pitch, projection</li> <li>The competitor uses intentional pauses to communicate effectively</li> <li>The competitor uses intentional emphasis to convey meaning</li> <li>The competitor enunciates and articulates words appropriately</li> <li>The competitor conveys enthusiasm (actions/gestures/tone/vocal)</li> </ul>	

<ul style="list-style-type: none"> <li>The competitor stimulates curiosity of the job skill</li> <li>The competitor establishes audience rapport through verbal and non-verbal elements</li> <li>The competitor does not read from a prepared script</li> <li>The competitor addresses both general and specific safety procedures throughout the demonstration</li> <li>The competitor implements safety procedures as outlined in their submitted, approved Health and Safety Plan</li> </ul>	
<b>Closing and Application</b>	<b>/6</b>
<ul style="list-style-type: none"> <li>Presentation arrives at a logical conclusion; does not end abruptly</li> <li>Closing summarizes the presentation</li> <li>Closing explains the practical uses of the skill demonstrated</li> </ul>	
<b>Response to Questions</b>	<b>/6</b>
<ul style="list-style-type: none"> <li>Question 1: Competitor answers the question providing depth and insight</li> <li>Question 2: Competitor answers the question providing depth and insight</li> <li>Question 3: This question will be directly linked to the competitor's submitted Health and Safety Plan. Competitor answers the question providing depth and insight</li> </ul>	
<b>Total</b>	<b>/100</b>

#### 6.2 Ties

- Tiebreaker #1: The competitor with the highest score in the demonstration and explanation criteria combined will be declared the winner.
- Tiebreaker #2: The competitor with the highest score in the presentation criteria will be declared the winner.
- Tiebreaker #3: The competitor with the highest score in the opening criteria will be declared the winner.

#### 7. PROVINCIAL TECHNICAL COMMITTEE (PTC) MEMBERS

Name	Employer	Email
Kim Duncan (Co-Chair)	Nova Scotia Department of Education and Early Childhood Development	<a href="mailto:kim.duncan@novascotia.ca">kim.duncan@novascotia.ca</a>
Jamie MacDonald (Co-Chair)	Nova Scotia Department of Education and Early Childhood Development	<a href="mailto:jamie.macdonald@novascotia.ca">jamie.macdonald@novascotia.ca</a>

Contact PTC members with any questions.