

Contest Description

Aesthetics

Post-Secondary

DATE: Wednesday March 20th, 2023	LOCATION: Cosmetology Association of NS
TIME	TASK
8:00 am	Morning judges' briefing
8:15am	Competitors' briefing
8:30am	Manicure (Dry) with French gel applications
11:30 am	Lunch (provided by SCNS)
12:30pm	Makeup evening look with strip lashes
2:00pm	Reflexology on the feet and Back treatment
3:30 pm	Competition ends & final judging

***Please note, this is a tentative agenda and times may vary slightly*

2. Purpose of the Contest

The principal role of an Aesthetician is to perform services to enhance client physical and psychological well-being through manicures, makeup (Evening look) and body therapy (Back treatment and Reflexology to the feet)

The challenge evaluates each competitor's readiness for employment and recognizes outstanding students for their excellence and professionalism in the aesthetic industry

3. Number of Stations / Allocations

There are eight (8) spaces available

- Spaces will be filled on a first- come, first- serve basis up to a maximum of two (2) per school
- If all spaces have not been filled by the deadline (March 3), unfilled spaces will be filled on a first-come. first serve basis from the waitlist

4. Skills & Knowledge to be Tested

Manicure with French gel application with arm and hand massage

Objective:

- Analyze hands and fingernails
- Record observations on technical chart
- Perform a dry manicure, nail shaping, cuticle work.
- Gel base coat
- Followed with nail art
- All 10 fingers will have a French nail application, smile line will reflect the nail shape of the client
- Smile line can be corrected before curing
- Gel topcoat
- Perform a hand and forearm message showing various massage movements for 5 minutes total for both hand/arms
- Clean and tidy workstation

Evening makeup look adding strip lashes

Objective:

- The competitor will do an evening makeup look to the face adding strip lashes
- Models will have time after judging is completed to remove makeup for the next part of the competition

Back treatment with Reflexology to both feet

Objective:

- The competitor will fill out a detailed consultation
- The competitor will perform a back treatment on the entire back area
- The competitor will perform a foot reflexology to both feet

Please refer to video: <https://www.youtube.com/watch?v=WHxSAKDskv0>

5. Prerequisites

Contest-Specific Prerequisites

- CANS student licenses will be required as well as photo ID

SCNS Prerequisites

- Be enrolled in a community college, university, private school OR be a registered apprentice with the Department of Labour and Advanced Education (Apprenticeship Agency);
- Be registered as a competitor with Skills Canada – Nova Scotia;
- The competitor cannot be a certified journey-person;
- Possess Canadian citizenship or Permanent Resident (Landed Immigrant) status and be a resident of Nova Scotia; or be a registered International Student. Competitors are responsible for verifying this information if requested;
- Have been earning post-secondary credits in a sector relevant to the one in which they wish to compete (i.e. to compete in carpentry, the student would be earning credits in any construction-related trade) at any time during the academic school year (September to June);
- All competitors must be able to show either current apprenticeship status and/or proof of enrollment in a post-secondary institution upon request of the Provincial Technical Committee (PTC) or Skills Canada – Nova Scotia.
- Have completed and submitted a signed release form

6. Equipment & Clothing

* All equipment will be provided at CANS site

Items that will be supplied

Manicure

- Technical chart.
- Manicure products.
- Gel polish base coat, topcoat, and gel nail polish.
- Disposable gloves
- Safety glasses (if needed)
- Gibson towels
- 2 hand towels
- Nail file
- Brush to clean up smile line
- Cotton to remove red nail polish

Evening makeup look

- Makeup remover / moisturizer
- 4x4 gauze
- Gibson towels

Back treatment and oils for foot reflexology

- cleanser, exfoliant, mask, massage oil and moisturizer
- dispensing cups for product
- 2 bath towels
- 6 hand towels
- Gibson towels
- Disposable gloves

Competitors MUST Supply

Manicure with arm and hand massage

- Implements.
 - Cuticle pusher.
 - Clippers.
 - Nippers.
 - Buffer.
- UV/LED light/lamp

Evening makeup look with strip lashes

*** Makeup products are NOT supplied*

*** Competitors must bring their own makeup products and supplies.*

- Makeup brushes.
- Accessories.
 - Strip lashes + glue.
 - Scissors
- Full cutting / cover-up cape.
- Headband / hair clips
- Tweezers.
- Spatulas.
- Q-tips.
- Sponges.
- Tissues.
- Disposable mascara wands.
- Any combination of makeup products that competitors need to complete the desired outcome.

Body Treatment

- 2 flat sheets for draping of client
- Blanket



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- S/S bowls 2 large for water
- Client wrap/ sarong

Other Requirements

***T shirt will be provided by Skills NS**

- Black pants and closed-toe shoes (no Heels)
- Hair tied back
- No excessive jewelry that may interfere with the services being performed
- Short unpolished nails
- Student CANS ID as well as a picture ID

7. Evaluation & Judging Criteria

Item	Point Value
Manicure with hand and arm massage	30 points
Makeup	30 points
Body therapy	40 points
Total score	100 points

In the event of a tie in scoring, the following procedure will apply:

- The competitor with the highest score in the competition will be declared the winner
- If there is still a tie, the winner will be declared by the highest score in Body therapy.

8. Additional Information

- Detailed information on each of the competition areas, technical charts and makeup requirements are included below. Please review them carefully.
- 'Safe Work Procedures' are also included below. Competitors are required to sign and bring copies of these documents with them to the competition.



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9. PTC Contact Information

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