

DATE: Tuesday, April 4, 2023	LOCATION: Cosmetology Association of NS
TIME	TASK
8:00 am	Morning judges' briefing
8:15am	Competitors' briefing
8:30am	Manicure with nail art design & hand to forearm massage
11:30 am	Lunch (provided by SCNS)
12:30pm	Pop art makeup
2:00pm	Raindrop therapy to feet and back combined with a Swedish massage to the back, back of arms and legs
3:30 pm	Competition ends & final judging

***Please note, this is a tentative agenda and times may vary slightly*

2. Purpose of the Contest

The principal role of an Aesthetician is to perform services to enhance client physical and psychological well-being through manicures, makeup (POP art theme) and body therapy (Raindrop therapy)

The challenge evaluates each competitor's readiness for employment and recognizes outstanding students for their excellence and professionalism in the aesthetic industry

3. Number of Stations / Allocations

There are eight (8) spaces available

- Spaces will be filled on a first- come, first- serve basis up to a maximum of two (2) per school
- If all spaces have not been filled by the deadline (March 3), unfilled spaces will be filled on a first-come. first serve basis from the waitlist

4. Skills & Knowledge to be Tested

Manicure with nail art & hand and forearm massage

Objective:

- Perform a dry manicure, nail shaping, cuticle work, and arm and hand massage
- Analyze hands and fingernails
- Record observations on technical chart
- Perform a dry manicure followed by the following nail art
- Gel base coat
- Five different designs done on 2 fingers of your choice (no combining designs)
- Nail art must be free hand, using only the nail art brush and dotting tool provided
- primary colors along with black and white will be supplied the following designs are as follows:
 - Dots
 - Lines
 - Marble
 - Leopard print
 - Flowers
- Gel topcoat
- No flooding of topcoat or correcting allowed
- Perform a hand and forearm massage showing various massage movements for 5 minutes total for both hand/arms
- Clean and tidy workstation

Pop Art makeup to at least ½ of face and neck area to clavicle bone

Objective:

- The competitor will do a pop art style makeup of choice to the neck as far as the clavicle bone. Must include at least half of face neck area. Strip lashes will also be added
- Competitors will add a complimentary wig, gems, glitter headpiece, jewelry, or any enhancement of their choice to complete and pull together their creative pop art makeup look. This is a mandatory piece to show creativity. This is your own version of pop art be creative.
- Models will have time after judging is done to remove makeup for the next part of the competition

Raindrop Therapy with Pressure point head massage

Objective:

- The competitor will be required to provide a detailed rationale to support the chosen oils during the Raindrop therapy.
- The competitor will be judged on correct Raindrop Therapy technique, use of oils, and incorporation of a pressure point massage.
- Consultation on model to determine any contraindications and why we you chose those oils for that model

5. Prerequisites

SCNS Prerequisites

- Enrolled in a community college, university or private school OR be registered as an apprentice with the Department of Labour and Advanced Education.
- Registered as a competitor with Skills Canada – Nova Scotia (SCNS);
- The competitor cannot be a certified journey-person; or a graduate of the aesthetics program
- The competitor must possess Canadian citizenship or landed immigrant status and be a resident of Nova Scotia. Competitors are responsible for verifying this information if requested;
- Have been earning post-secondary credits any time during the academic school year (September to June);
- All competitors must be able to show either current apprenticeship status and/or proof of enrollment in a post-secondary institution upon request of the Provincial Technical Committee (PTC) or SCNS,
- NOTE CANS student licenses will be required as well as photo ID

6. Equipment & Clothing

* All equipment will be provided at CANS site

Items that will be supplied

Manicure

- Technical chart;
- Manicure products;
- Gel polish base coat, top coat and gel nail polish. Nail art tools

Pop art makeup

- Technical charts.
- Cleansing cloths / makeup remover / moisturizer
- 4x4 gauze

Raindrop therapy

- Technical charts
- Essential oils

Competitors MUST Supply

Manicure with hand & arm design

- Implements.
 - Cuticle pusher;
 - Clippers;
 - Tweezers;
 - Nippers;
 - Buffer;
 - File;
- Cotton coil;
- Disposable gloves;
- Safety glasses;
- Orangewood sticks;
- Gibsons towels
- UV/LED light
- Palette for polish for nail designs
- All products needed for hand/arm design

Pop art makeup

*** Makeup products are NOT supplied*

*** Competitors must bring their own makeup products and supplies.*

- Makeup brushes;
- Accessories;
 - False lashes + glue;
 - Hair accessories;
 - Rhinestones;
 - Feathers;

- Apparel
- Scissors
- Full cutting / cover-up cape;
- Headband / hair clips;(this can be used for both facial & makeup)
- Tweezers;
- Spatulas;
- Q-tips;
- Sponges;
- Tissues;
- Disposable mascara wands;
- Any combination of makeup products that competitors need to complete the desired outcome.
- Head bands

Raindrop Therapy

- Sheets 2 flat sheets for draping of client
- Blanket
- 2 bath towels
- 2 hand towels
- S/S bowls 2 large for water
- s/s bowls 3 small for mixing essential oils
- Gibsons
- Client wrap

Other Requirements

- White scrub top or lab coat
- Black scrub and black closed-toe shoes (no Heels)
- Hair tied back
- No excessive jewelry that may interfere with the services being performed
- Short unpolished nails
- Student CANS ID as well as a picture ID

7. Evaluation & Judging Criteria

Item	Point Value
Manicure with hand and arm massage	30 points
Makeup	30 points
Raindrop therapy	40 points
Total score	100 points

In the event of a tie in scoring, the following procedure will apply:

- The competitor with the highest score in the competition will be declared the winner
- If there is still a tie, the winner will be declared by the highest score in Raindrop therapy.

8. Additional Information

- Detailed information on each of the competition areas, technical charts, nail art design and makeup requirements are included below. Please review them carefully.
- 'Safe Work Procedures' are also included below. Competitors are required to sign and bring copies of these documents with them to the competition.

9. PTC Contact Information

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