

DATE	LOCATION
Friday April 3, 2020	NSCC Akerley Campus

## 1. Schedule

Time	Task
8:00 am	Morning judges' briefing
8:15 am	Competitors' briefing
8:30 am	Manicure with nail art and complementary hand/arm design
12:00 pm	Lunch (provided)
1:00 pm	Bridal makeup and mini facial
3:30 pm	Competition ends + final judging

Please note, this is a tentative agenda and times may vary slightly.

## 2. Purpose of the Contest

The principal role of an Aesthetician is to perform services to enhance client physical and psychological well-being through manicures, hand and arm design SHANGHAI theme, facials and makeup. The challenge evaluates each competitor's readiness for employment and recognizes outstanding students for their excellence and professionalism in the aesthetics industry.

## 3. Criteria

### 4. Number of Stations / Allocations

There are ten (10) spaces available.

**\*\*\*Registration for this contest area closes on Friday, March 6th, 2020\*\*\***

- Spaces will be filled on a first-come, first-serve basis up to a maximum of two (2) per school.
- If all spaces have not been filled before the deadline (March 6th), unfilled spaces will be filled on a first-come, first-serve basis from the waitlist.

## 5. Skills & Knowledge to be Tested

***Manicure with nail art & Shanghai-themed hand/arm design***

Objective:

- Perform a manicure;
- Analyze hands and fingernails;
- Record observations on the technical chart;
- Perform dry manicure, followed by the application of a gel base coat and gel polish, followed by the application of the posted nail art and finished with a gel top coat.
- No color bleeding or corrections;
- Clean and tidy the workstation;
- The competitor must incorporate the right hand & arm in a Shanghai theme. The competitor can use any medium for the hand & arm design and is responsible to bring their own supplies for this design.

***Bridal makeup & mini facial***

Objective: the competitor will do a bridal makeup application including:

- Foundation with corrective work;
  - Blush;
  - Highlighter;
  - Contouring;
  - Blended eye shadows;
  - Eyeliner;
  - Defined brows;
  - Lip liner and red lipstick only;
  - Application of strip lashes
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- ❖ Vision board must reflect the Shanghai theme of the hand & arm design;
  - ❖ Vision board may be of a material of the competitor's choice;
  - ❖ Vision board must be 8 inches by 10 inches;
  - ❖ Competitors must bring all supplies to perform the make up including brushes, head band, Q-tips, band lashes and glue and any other materials needed to complete their look;
  - ❖ A technical chart must be filled out prior to beginning to show face shape and the plan to balance and create harmony of the face;
  - ❖ All makeup products to complete the creative look must be provided by the competitor;
  - ❖ Models are randomly assigned to competitors and therefore the competitor must be prepared for any skin tone (bring a variety of make up colors);
  - ❖ Bridal make up to be applied to the whole face;

- ❖ Include contouring and highlighting to suit the models face shape;
- ❖ Band lashes must be applied;
- ❖ You can choose to bring bridal themed accessories to add to the overall look.

## 6. Prerequisites

### *SCNS Prerequisites*

- Enrolled in a community college, university or private school OR be registered as an apprentice with the Department of Labour and Advanced Education;
- Registered as a competitor with Skills Canada – Nova Scotia (SCNS);
- The competitor cannot be a certified journey-person;
- The competitor must possess a Canadian citizenship or landed immigrant status and be a resident of Nova Scotia. Competitors are responsible for verifying this information if requested;
- Have been earning post-secondary credits any time during the academic school year (September to June);
- All competitors must be able to show either current apprenticeship status and/or proof of enrollment in a post-secondary institution upon request of the Provincial Technical Committee (PTC) or SCNS.

## 7. Equipment & Clothing

### a) What Will Be Supplied

#### *Manicure*

- Technical chart;
- Manicure products;
- Gel polish base coat, top coat and nail polish.

#### *Bridal makeup & mini facial*

- Technical charts.

#### *Other*

- Garbage cans;
- Garbage bags.

### b) What Competitors Must Supply

#### *Manicure with hand & arm design*

- Implements;

- Cuticle pusher;
- Clippers;
- Tweezers;
- Nippers;
- Buffer;
- File;
- Cotton coil;
- Disposable gloves;
- Safety glasses;
- Orangewood sticks;
- Gibsons towels
- UV/LED light
- All products needed for hand/arm design

*Bridal makeup & mini facial*

*Makeup products are NOT supplied. Competitors must bring their own makeup products and supplies.*

- Makeup brushes;
- Accessories;
  - False lashes + glue;
  - Hair accessories;
  - Rhinestones;
  - Feathers;
  - Apparel;
- Full cutting / cover-up cape;
- Headband / hair clips;( this can be used for both facial & makeup)
- Tweezers;
- Spatulas;
- Q-tips;
- Sponges;
- Tissues;
- Disposable mascara wands;
- Any combination of makeup products that competitors need to complete the desired outcome.
- 4x4's
- Cotton rounds
- Head bands
- Sheets

- Blanket
- Towels needed for facial
- All products needed for facial:
  - Eye & lip remover;
  - Makeup remover;
  - Exfoliant;
  - Toner;
  - Mask (must be clay based);
  - Moisturizer
- S/S bowls
- Gibsons
- Client wrap

*Other Supplies*

- Scissors.

*Other Requirements*

- White lab coat;
- Black dress pants and black closed-toe shoes;
- Student identification and CANS I.D.

**8. Evaluation & Judging Criteria**

Item	Point Value
Manicure with hand/arm design	30 points
Bridal makeup & mini facial	20 points
<b>Total Score</b>	<b>50 points</b>

In the event of a tie in scoring, the following procedure will apply:

- The competitor with the highest score in the most heavily weighted area of the competition will be declared the winner.
- If there is still a tie, the winner will be declared by the highest score in makeup.

**9. Additional Information**

- Detailed information on each of the competition areas, technical charts, nail art design and makeup requirements are included below. Please review them carefully.
- 'Safe Work Procedures' are also included below. Competitors are **required to sign and bring copies** of these documents with them to the competition.



**Contest Description**  
**Aesthetics**  
**Post-Secondary**

**10. PTC Contact Information**

Judy Antonello  
[judyantonello68@gmail.com](mailto:judyantonello68@gmail.com)  
902-371-5839

# Manicure Technical Chart

Competitor's Number \_\_\_\_\_

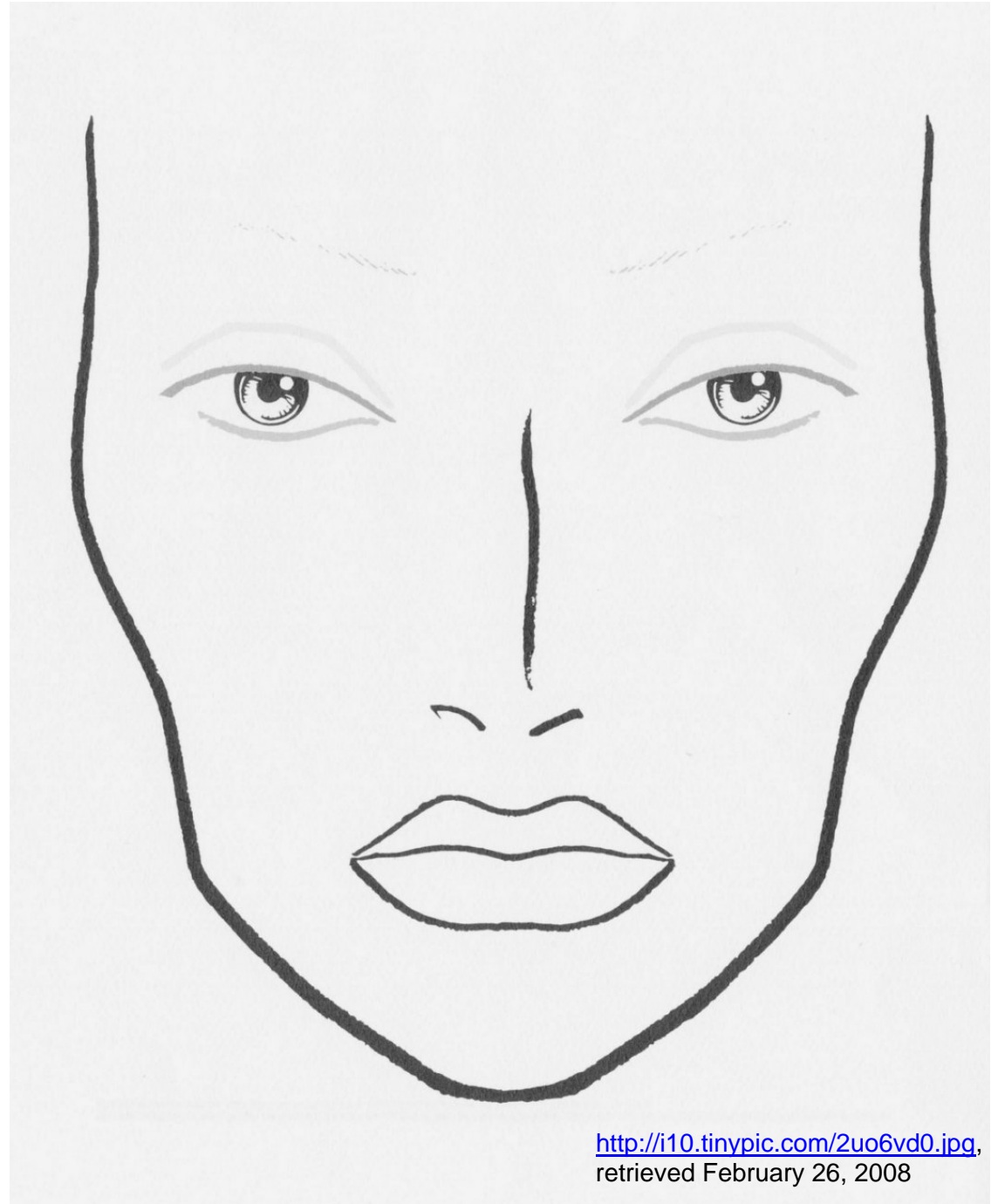
Model's Name: \_\_\_\_\_

Nail Analysis	Skin Analysis
<ul style="list-style-type: none"><li><input type="checkbox"/> Normal nail plate</li><li><input type="checkbox"/> Thin nail plate</li><li><input type="checkbox"/> Dry/Brittle plate</li><li><input type="checkbox"/> Discolorations</li><li><input type="checkbox"/> Other</li><li><input type="checkbox"/> Disease or disorder</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Normal</li><li><input type="checkbox"/> Dry</li><li><input type="checkbox"/> Sensitive</li><li><input type="checkbox"/> Thin</li><li><input type="checkbox"/> Relaxed elasticity</li><li><input type="checkbox"/> Hyperpigmentation</li></ul>
Medical Record	
<ul style="list-style-type: none"><li><input type="checkbox"/> Circulatory disease</li><li><input type="checkbox"/> Skin disease</li><li><input type="checkbox"/> Fungal infection</li><li><input type="checkbox"/> Prominent varicose veins</li><li><input type="checkbox"/> Lupus</li><li><input type="checkbox"/> Diabetes</li><li><input type="checkbox"/> Pregnancy</li><li><input type="checkbox"/> Heart disease</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Presently using Chemo/Radiation</li><li><input type="checkbox"/> AHA treatments/products</li><li><input type="checkbox"/> Thyroid disease</li><li><input type="checkbox"/> Acute Arthritis</li><li><input type="checkbox"/> Retinoid therapy</li><li><input type="checkbox"/> Stroke</li><li><input type="checkbox"/> Currently on the following medications:</li></ul>

Special information/notes:

# Makeup Technical Chart

<b>Date</b>	
<b>Competitor # &amp; Name</b>	
<b>Product</b>	
Moisturizer	
Foundation	
Concealer	
<b>Eyes</b>	
Brow	
Brow Highlight	
Eyelid	
Crease	
Liner	
Mascara	
<b>Powder</b>	
Blush	
Powder	
<b>Lips</b>	
Pencil	
Lipstick	
<b>Other</b>	
Shading	
Highlighting	



**Competitors must sketch on the diagram, list products used, and describe the plan for overall harmony for the finished fantasy look (on back).**



Describe your plan for overall harmony:

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### GENERAL INFORMATION: SECTION (A)

<b>Job Name:</b> Cut Client/blood spill	<b>Facility and Location</b> Skills NS Esthetics Competition	<b>Developed by:</b> Jane Stronach	
	<b>Creation Date:</b> Jan. 2015	<b>Revision Date:</b>	<b>Supervisor Approval:</b>
<p><b>Notes:</b> Before performing this task, the employee must be trained, demonstrate operational competency and have received approval by their manager/supervisor. The employee must wear the personal protective equipment prescribed below and must be familiar with the location of the nearest exit, emergency shower/ eyewash station, first aid kit and fire extinguishers.</p> <p><i>Occasionally during clipping or filing of the nails, nipping cuticles, removing callus from the feet and extracting pustules, a client can be accidentally cut. If this occurs the blood spill procedure must be followed.</i></p>			

### HAZARDS PRESENT: SECTION (B)

1. cuts to the skin	2.	3.	4.
5.	6.	7.	8.

### PERSONAL PROTECTIVE EQUIPMENT REQUIRED: SECTION (C)



EAR PROTECTION



EYE PROTECTION



HARD HAT



GLOVES



SAFETY SHOES



RESPIRATOR



FACE SHIELD



PROTECTIVE SUIT



APRON



SPLASH GOOGLES

### SAFE WORK PROCEDURE: SECTION (D)

1. Stop the procedure and put on gloves
2. Apply antiseptic to the wound
3. Cover the wound with a band - aid
4. Disinfect the work station
5. Discard all disposable objects by placing them in a baggie and tying it closed before placing it in the regular garbage.
6. Disinfect all implements with hospital grade disinfectant that kills HIV and HBV or autoclave.
7. Remove your gloves, wash your hands and return to the service.
8. Wear a lab coat and remove before leaving the work area to prevent contamination of your clothing
9. Fill out an Incident report

**I have read and understand the above Safe Work Procedure**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### GENERAL INFORMATION: SECTION (A)

<b>Job Name:</b> Clipping or cutting nails	<b>Facility and Location</b> NS Skills Competition		<b>Developed by:</b> Jane Stronach
	<b>Creation Date:</b> Jan. 2015	<b>Revision Date:</b>	<b>Supervisor Approval:</b>
<b>Notes:</b> Before performing this task, the employee must be trained, demonstrate operational competency and have received approval by their manager/supervisor. The employee must wear the personal protective equipment prescribed below and must be familiar with the location of the nearest exit, emergency shower/ eyewash station, first aid kit and fire extinguishers.			

### HAZARDS PRESENT: SECTION (B)

1. Flying nails in the eyes/mouth	2. cuts to the skin	3.	4.
5.	6.	7.	8.

### PERSONAL PROTECTIVE EQUIPMENT REQUIRED: SECTION (C)



EAR PROTECTION



EYE PROTECTION



HARD HAT



GLOVES



SAFETY SHOES



RESPIRATOR



FACE SHIELD



PROTECTIVE SUIT



APRON



SPLASH GOOGLES

### SAFE WORK PROCEDURE: SECTION (D)

1. Wear safety goggles
2. Shield nail being cut with your hand
3. Keep your mouth closed
4. Follow blood spill procedure if the skin is cut
5. Have available a First Aid Kit
6. Wear a lab coat and remove before leaving the work area to prevent contamination of your clothing

**I have read and understand the above Safe Work Procedure**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### GENERAL INFORMATION: SECTION (A)











<b>Job Name:</b> Disinfecting implements and equipment	<b>Facility and Location</b> NS Skills Esthetic Competition		<b>Developed by:</b> Jane Stronach
	<b>Creation Date:</b> Jan. 2015	<b>Revision Date:</b>	<b>Supervisor Approval:</b>

**Notes:** Before performing this task, the employee must be trained, demonstrate operational competency and have received approval by their manager/supervisor. The employee must wear the personal protective equipment prescribed below and must be familiar with the location of the nearest exit, emergency shower/ eyewash station, first aid kit and fire extinguishers.

### HAZARDS PRESENT: SECTION (B)

1. splashing in the eyes	2. skin irritation	3. inhaling vapors	4. ingestion
5.	6.	7.	8.

### PERSONAL PROTECTIVE EQUIPMENT REQUIRED: SECTION (C)

 EAR PROTECTION	 EYE PROTECTION	 HARD HAT	 GLOVES	 SAFETY SHOES
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
 RESPIRATOR	 FACE SHIELD	 PROTECTIVE SUIT	 APRON	 SPLASH GOOGLES
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

### SAFE WORK PROCEDURE: SECTION (D)

1. Protect eyes with safety glasses
2. Put on gloves to protect the skin on your hands
3. Wear a lab coat and remove before leaving the work area to prevent contamination of your clothing
4. Follow manufacturer's directions for use and storage
5. Use tongs or a draining basket to remove implements from disinfectant
6. Label all disinfectants
7. Familiarize yourself with the MSDS

**I have read and understand the above Safe Work Procedure**

Name: \_\_\_\_\_

Date: \_\_\_\_\_








### GENERAL INFORMATION: SECTION (A)

<b>Job Name:</b>  Filing Nails	<b>Facility and Location</b> NS Skills Esthetic Competition		<b>Developed by:</b> Jane Stronach
	<b>Creation Date:</b> Jan. 2015	<b>Revision Date:</b>	<b>Supervisor Approval:</b>
<b>Notes:</b> Before performing this task, the employee must be trained, demonstrate operational competency and have received approval by their manager/supervisor. The employee must wear the personal protective equipment prescribed below and must be familiar with the location of the nearest exit, emergency shower/ eyewash station, first aid kit and fire extinguishers.			

### HAZARDS PRESENT: SECTION (B)

1. Breathing filing dust	2. dust in eyes	3. skin irritation	4. contaminate clothing
5.	6.	7.	8.

### PERSONAL PROTECTIVE EQUIPMENT REQUIRED: SECTION (C)

 EAR PROTECTION	 EYE PROTECTION	 HARD HAT	 GLOVES	 SAFETY SHOES
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
 RESPIRATOR	 FACE SHIELD	 PROTECTIVE SUIT	 APRON	 SPLASH GOOGLES
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

### SAFE WORK PROCEDURE: SECTION (D)

1. Wear a N95 respirator
2. Protect eyes with safety glasses
3. Put on gloves to protect the skin on your hands
4. Wear a lab coat and remove before leaving the work area to prevent contamination of your clothing

**I have read and understand the above Safe Work Procedure**

Name: \_\_\_\_\_

Date: \_\_\_\_\_











### GENERAL INFORMATION: SECTION (A)

<b>Job Name:</b> Removing or applying nail polish	<b>Facility and Location</b> NS Skills Esthetics Competition		<b>Developed by:</b> Jane Stronach
	<b>Creation Date:</b> Jan. 2015	<b>Revision Date:</b>	<b>Supervisor Approval:</b>
<b>Notes:</b> Before performing this task, the employee must be trained, demonstrate operational competency and have received approval by their manager/supervisor. The employee must wear the personal protective equipment prescribed below and must be familiar with the location of the nearest exit, emergency shower/ eyewash station, first aid kit and fire extinguishers.			

### HAZARDS PRESENT: SECTION (B)

1. Breathing vapors	2. splashing in eyes	3. skin irritation	4. contaminate clothing
5. Nail product vapors can irritate the lungs and long term cause respiratory health problems	6.	7.	8.

### PERSONAL PROTECTIVE EQUIPMENT REQUIRED: SECTION (C)

 EAR PROTECTION	 EYE PROTECTION	 HARD HAT	 GLOVES	 SAFETY SHOES
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
 RESPIRATOR	 FACE SHIELD	 PROTECTIVE SUIT	 APRON	 SPLASH GOOGLES
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

### SAFE WORK PROCEDURE: SECTION (D)

1. Wear a N95 respirator
2. Protect eyes with safety glasses
3. Put on gloves to protect the skin on your hands
4. Wear a lab coat and remove before leaving the work area to prevent contamination of your clothing
5. Follow manufacturer's directions for use and storage
6. Familiarize yourself with the MSDS
7. Avoid skin contact at all times with nail products

**I have read and understand the above Safe Work Procedure**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### GENERAL INFORMATION: SECTION (A)

<b>Job Name:</b>  Facial-Manicure	<b>Facility and Location</b> NS Skills Esthetic Competition		<b>Developed by:</b> Jane Stronach
	<b>Creation Date:</b> Feb. 2015	<b>Revision Date:</b>	<b>Supervisor Approval:</b>
<b>Notes:</b> Before performing this task, the employee must be trained, demonstrate operational competency and have received approval by their manager/supervisor. The employee must wear the personal protective equipment prescribed below and must be familiar with the location of the nearest exit, emergency shower/ eyewash station, first aid kit and fire extinguishers.			

### HAZARDS PRESENT: SECTION (B)

1. clients skin may over-react to a product applied to the skin	2. client may have an allergy to an ingredient in the product	3.	4.
5.	6.	7.	8.

### PERSONAL PROTECTIVE EQUIPMENT REQUIRED: SECTION (C)



EAR PROTECTION



EYE PROTECTION



HARD HAT



GLOVES



SAFETY SHOES



RESPIRATOR



FACE SHIELD



PROTECTIVE SUIT



APRON



SPLASH GOOGLES

### SAFE WORK PROCEDURE: SECTION (D)

1. Do a thorough consultation with the client
2. Fill out a health history assessment on every client
3. Determine and hi-light on the client chart any allergies the client may have
4. If a client's skin over-reacts to any product applied to the skin remove immediately!
5. Apply cold compresses to reduce the inflammation and redness
6. If the client shows signs of swelling seek medical help immediately
7. If the client is having trouble breathing call emergency personnel immediately (911)

**I have read and understand the above Safe Work Procedure**

Name: \_\_\_\_\_

Date: \_\_\_\_\_